## **Gym Membership Prices**

January 2025

Health Club

Health Club Gym, Indoor Pool, Sauna, Steam Room, Jacuzzi, 3 Fitness Studios, 80+ Fitness Classes, Outdoor Swimming Lake and Assault

Course.

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	Annual	DD
Adult Fitness	£1039.00	£98.00
Joint Adult Fitness	£935.10	£88.20
Off-Peak Fitness (Mon-Fri) (Price per person)	£728.00	£68.00
Joint Off-Peak Fitness (Price per person)	£655.20	£61.20
Swimming Only	£879.00	£81.00
Joint Swimming Only (Price per person)	£790.10	£72.90
Colt Fitness (aged 16-20)	£738.00	£68.00
Junior Fitness (ages 13-15) *Must have Gym Induct	<sup>ion</sup> £432.00	£25.00
Child Swim (aged 5-12)	£186.00	£17.00

Add the Performance Centre to the Adult Health Club Membership for £15.00 per month or £160

per year

Performance Centre

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	Annual	DD
Gold (7 day access with Classes inc Hyrox)	£775.00	£72.00
Gold Joint (Price per person)	£697.50	£64.80
Silver (7 day access without Classes)	£437.00	£41.00
Silver Joint (Price per person)	£393.30	£36.90
Bronze (Off Peak Hours)	£352.00	£30.00
Bronze Joint (Price per person)	£316.80	£27.00

#### Additional Information:

- Admin fee of £25.00 per person on joining.
- Memberships free for under 5's with Adult Member.
- Children's Swim times 08:00-10:00/16:00-18:00 daily.
- Swim Only Membership includes Aqua Aerobics Classes only.
- Off-Peak Members from 08:30-15:30 Monday Friday only.

#### membership.enquiries@bicesterhgs.com 01869 241 204



# Member Benefits

Monthly Guest Pass to bring a friend or family member

Personal Gym Induction and 1-2-1 plan given to help you follow

Exclusive Member Events

Exclusive Members Fitness Workshops

10% off on Hotel Rooms

15% off Food and Beverages

20% off treatments within our spa Monday to Thursday

10% off Private Functions

10% off Conferences Bookings

Priority booking on social events



## 30 minute express sessions

2 x Session	£40
10 x Sessions	£185
20 x Sessions	£340
30 x Sessions	£475

#### **1** hour sessions

1 x Session	£40
5 x Sessions	£185
10 x Sessions	£340
15 x Sessions	£475

### **1:1 Swimming Lessons**

1 x Session	£23
5 x Sessions	£104
10 x Sessions	£189
15 x Sessions	£252

### Appointments included in membership\*

1-2-1 appointment with a Personal Trainer Review session, every 8 weeks

\*Included in gym memberships only